

## ***The Neonatal Transfer Service***

The ambulance that comes to collect your baby will be specially designed and equipped with the necessary specialist equipment to provide intensive care for sick newborn babies.

Your baby will be placed in an incubator to keep it warm, will have its heart rate, breathing and blood pressure monitored and may require equipment to help with breathing.

This will ensure a safe transfer to the unit that will care for your baby.

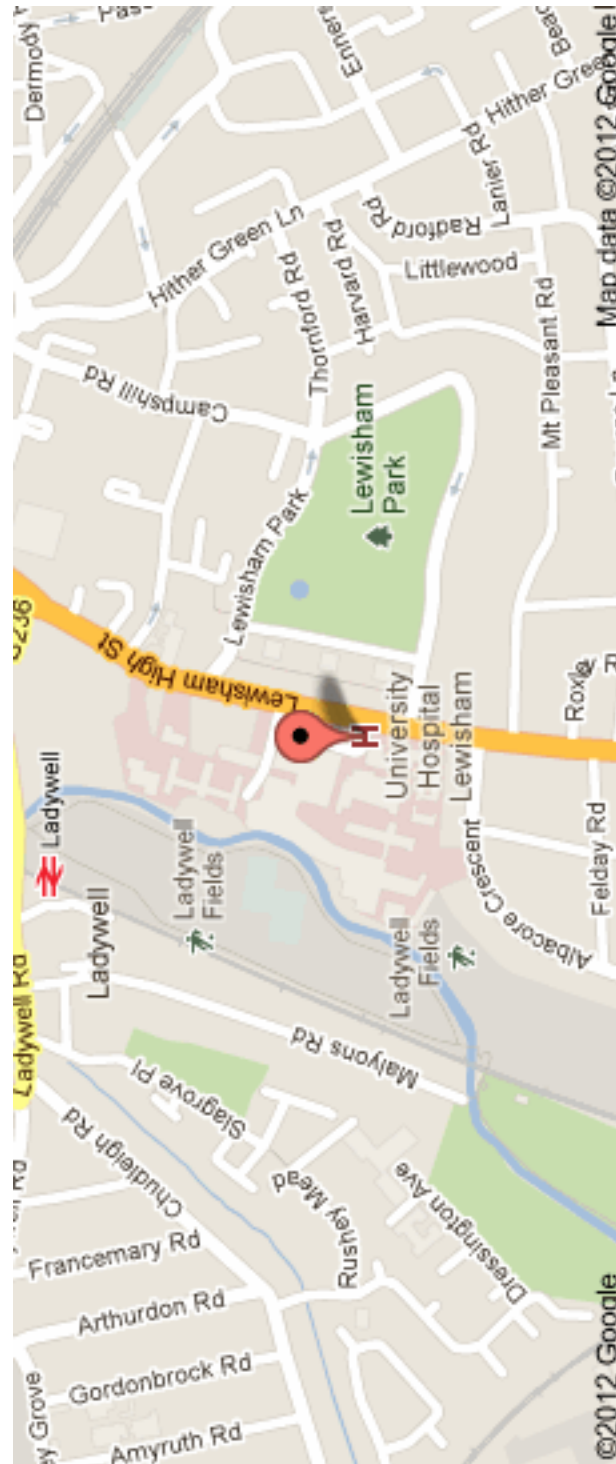
The transport team will all be specialists in the care of sick, newborn babies and will include a doctor or an advanced neonatal nurse practitioner, a senior neonatal nurse and a Paramedic. They will all have undertaken specialist transport training.

To contact our service:

0203 594 0888

Claire.King2@bartshealth.nhs.uk

[www.neonatal.org.uk](http://www.neonatal.org.uk)



Neonatal Transport Service  
for *London*

**Parent Information Leaflet**

## **Lewisham Hospital**

*Neonatal intensive Care Unit*

4<sup>th</sup> floor, Women and Childrens Wing,  
Lewisham High Street,  
Lewisham,  
SE13 6LH

**(Map on the back page)**

Tel; 020 8333 3000 (ext 6345)  
Direct Tel: 020 8333 3139 or 3140

[www.lewisham.nhs.uk](http://www.lewisham.nhs.uk)

## Information on about the Neonatal Unit and local Amenities

### By Bus

The hospital is serviced by the follow bus routes: 47, 54, 75, 136, 185, 199, 208, N36, N47 and N75.

### By Train

The nearest rail station to the hospital is Ladywell Station, which is on the Charing Cross to Hayes line and can also be reached via Waterloo East and London Bridge stations. The hospital is sign posted from Ladywell Station and is about 5-10 minutes walk away.

Lewisham Station (main line and Docklands Light Railway) is approximately 20 minutes away by foot and a short bus ride away.

### By Car

From A2 follow signs to Catford and Bromley via the A21.

From A205 (South Circular) follow the signs to Lewisham via the A21 (northbound)

Unfortunately, the hospital only has a limited number of parking spaces on site and we cannot make any guarantee that a parking space will be available.

If you do travel by car, the hospital does have a small amount of pay and display parking on site for patients and visitors - please use the Main Entrance and follow the signs for parking. You should allow up to 30 minutes for parking as the hospital is very busy and it may take a little while for you to find a space.

When the hospital parking spaces have been filled, it may be possible to park off the hospital site in a nearby road.

Please note that the local council operates a Controlled Parking Zone in some of the roads adjacent to the hospital providing dedicated residents and visitors parking bays. A fee is payable to park in the visitors bays in the Controlled Parking Zone.

### Cash points

ATM on hospital site outside Out-Patients Department

### Catering/refreshments

**Ravensbourne Restaurant**, 1<sup>st</sup> Floor, Women and Children s Block. Full range of sandwiches and meals. Open 7.30am - 2.30am every day

**Ritazza Coffee Bar**, Main Reception. Drinks and sandwiches. Open 8am - 8 pm Mon to Fri and 8am - 5pm Sat & Sun

**League of Friends Gift Shop**. Confectionery, drinks and toiletries. Open 6.30pm - 8.30pm Mon to Fri and 2pm - 4.30pm Sat & Sun

### **Food Station, Out-Patients Department**

Drinks and sandwiches. Open 9am - 5 pm Mon-Fri  
**Hospital Shop**

Newspapers, confectionery, cards, flowers, cold drinks and sandwiches. Open 7am – 8pm Mon to Fri and 9am - 5pm Sat & Sun

### Local catering outlets/shops

Local cafes near the hospital site Sainsbury Local (almost opposite hospital – open 24 hours)

Hirst Baker at north entrance to site (by Church)  
Catford and Lewisham both have shopping centres within a 10 minute walk

### Access to Religious Support

The Hospital Chaplaincy is available at any time of the day and night (via the hospital switchboard) and will contact other faith representatives

### Access to interpreters

Interpreting services (including foreign languages, BSL and lip-speaking) can be booked in advance through NICU. In emergency a telephone only interpreting service is available

### Midwifery care available for mum

The post-natal ward ('Mat 5') is situated on the 5<sup>th</sup> floor directly above the neonatal intensive care unit (Tel: 020 8333 3018)

A mother's transfer to 'Mat 5' will be arranged by the midwifery staff at the referring unit (subject to bed availability)

### Availability of PALS/Patient's Advocacy Service

UHL PALS Helpline can be contacted on 020 8676 7415 between 9.30 am and 4.30 pm Mondays to Fridays

### Visiting for siblings and others

Siblings can visit with parents at any time

### Facilities & Accommodation for parents

Parents have 24 hour access to NICU. Parents are asked to nominate 2 other visitors who can visit independently at any time. Any other visitors must be accompanied by at least 1 parent

NB Any visitor may be refused access to NICU if they are suffering any potentially infectious illnesses

The Neonatal Unit has 3 double bedrooms and a kitchenette and 2 shower rooms (no charge).

The Harris Family Suite, 1<sup>st</sup> Floor, Women and Children's Wing has 6 double bedrooms  
Accommodation is provided free of charge

The availability of accommodation is subject to clinical priorities

Payphones are available and mobile phones may be used in the bedrooms

Washing machine and tumble dryer available in the Harris Suite

Kitchenettes are provided in both the Neonatal Unit and Harris Suite

1 sibling can stay in the parents' room but this should only be for a very short time as space is limited