

The Neonatal Transfer Service

The ambulance that comes to collect your baby will be specially designed and equipped with the necessary specialist equipment to provide intensive care for sick newborn babies.

Your baby will be placed in an incubator to keep it warm, will have its heart rate, breathing and blood pressure monitored and may require equipment to help with breathing.

This will ensure a safe transfer to the unit that will care for your baby.

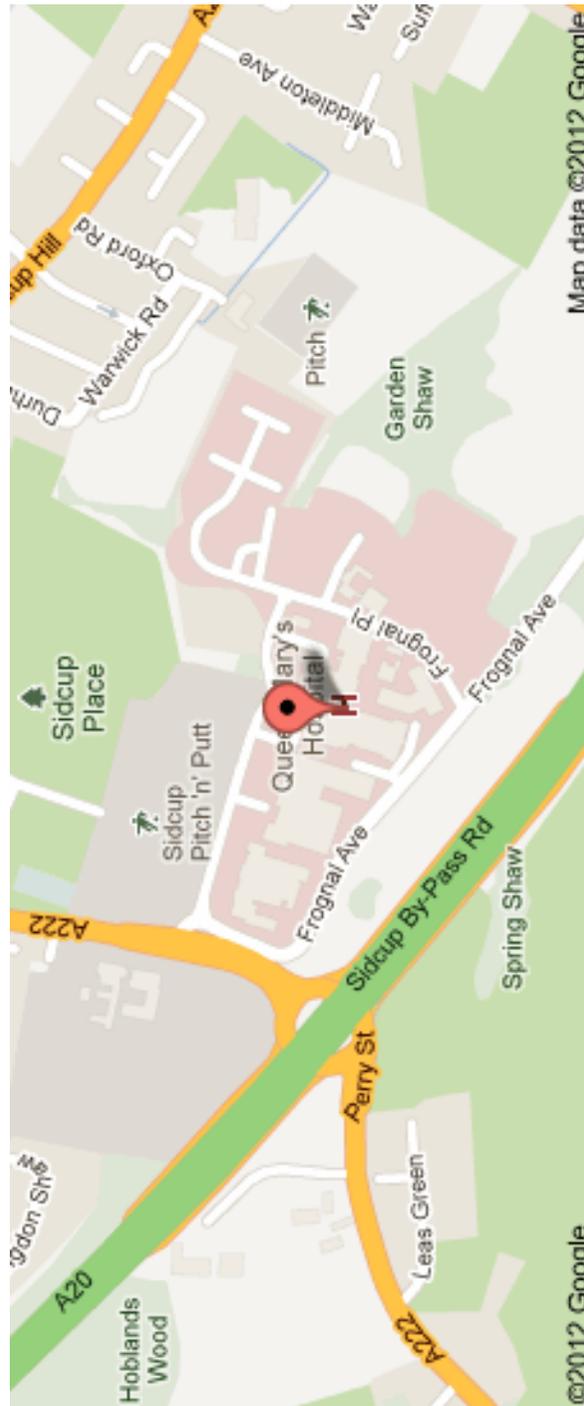
The transport team will all be specialists in the care of sick, newborn babies and will include a doctor or an advanced neonatal nurse practitioner, a senior neonatal nurse and a Paramedic. They will all have undertaken specialist transport training.

To contact our service:

0203 594 0888

Claire.King2@bartshealth.nhs.uk

www.neonatal.org.uk



Neonatal Transport Service
for *London*

Parent Information Leaflet

Queen Mary's Hospital

Alexandra Ward

Froggnal Avenue,
Sidcup,
Kent
DA14 6LT

(Map on the back page)

Tel: 0208 308 3035

www.slh.nhs.uk

Information on about the Neonatal Unit and local Amenities

Bus

- 286 Greenwich to QMS
- 160 Catford to Sidcup Station
- 269 Bromley to Bexleyheath
- B14 Orpington to Granville Road
- R11 Green Street Green to QMS
- 229 Thamesmead to QMS

Parking

Limited on site parking.

We have 350 public parking spaces with bays for people with disabilities outside each main building. Pay and display charges are as per adjacent table.

There is a paved area to the rear of the Java coffee shop for motorcycles (C Block).

Cycle racks are near the Java coffee shop.

By rail

South Eastern Railways. Sidcup Station.

There are regular services to Sidcup station from London Charing Cross, London Bridge, Waterloo East, Cannon Street and New Cross. The train will say that it goes via (or terminates at) Sidcup.

Similarly, from Kent, towards London, services run from Gilligham, Gravesend, Dartford, and Crayford. Additionally, there are some trains connecting the Woolwich line at Slade Green to Crayford and back up the Sidcup line to Central London

The hospital is about 25 minutes walk from the station. Taxi and bus services are available. Buses 229 and 286 run directly between the hospital and the station.

By Road

The hospital is at the intersection of the A222 and the A20 Sidcup Bypass.

Coming from the A20, London-bound

- Take the second exit inside the M25 (A222 Sidcup/Chislehurst)
- At the roundabout, take the third exit, towards Sidcup
- As soon as you exit the roundabout, Queen Mary's is immediately on your right

Coming from the A20, Dover-bound

- Take the first exit **after** crossways at New Eltham, signposted A222 Sidcup/Chislehurst.
- At the roundabout, take the first exit, towards Sidcup
- As soon as you exit the roundabout, Queen Mary's is immediately on your right

Cash points

On Sidcup High Street. Out of hospital, turn right into Chislehurst Road, walk approximately ½ mile to High Street.

Catering/refreshments

Hospital restaurant open all day

Local catering outlets/shops

On Sidcup High Street.

Access to Religious Support

Multi denominational. Chaplain service available.

Access to interpreters

Local interpreter service including sign language available.

Midwifery care available for mum

Maternity unit on site.

Availability of PALS/Patient's Advocacy Service

PALS Telephone 020 8308 5449

Description of Neonatal Unit

Local booklet available.

Visiting for siblings and others

Open visiting for parents and siblings. 2 visitors per baby, one of which must be a parent.

Facilities & Accommodation for parents

Parent's sitting room with tea and coffee making facilities. 2 parents' bedrooms with ensuite facilities. (Waller Suite)

Mum as inpatient:

No facilities for dad if mum is an inpatient.

Mum not as inpatient:

Both parents can reside in Waller Suite on the neonatal unit. Dependent on availability.

Costs associated with accommodation:

Nil

Mobile telephone:

Not permitted in hospital

Catering/refreshments availability:

Meals provided in neonatal unit when parents staying

Laundry facilities:

Nil

Cooking facilities:

Nil

Can siblings stay over night:

No